

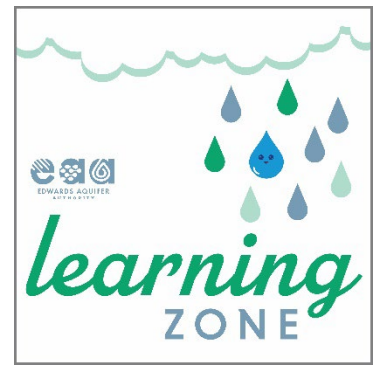
Flower Pounding Activity

Supplies:

Watercolor Paper
Newspaper

Fresh Flowers
Paper Towel

Hammer
Scissors



Suggested Flowers:

Turk's Cap

Autumn Sage

Mealy Blue Sage

Gregg's Mistflower

Mexican Buckeye

Four-nerve Daisy

Dandelions

Purple Coneflower

Shrubby Boneset

Golden Groundsel

Cedar Sage

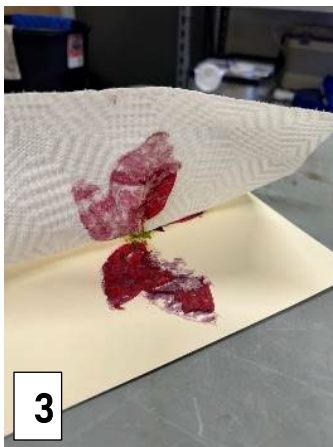
Steps:



1. Pick fresh flowers. Remove any stems, sepals, or other parts before arranging on paper.



2. Cover the flowers with a paper towel and hammer flowers onto paper.



3. Remove paper towel and clean off left over flower pieces.



4. Take a pencil or marker and detail over the flower print.